



Mentor Silva Cup 2011 – Europe South-East Tour

Bucharest/Buzau 13-14 July 2011



### Event program:

Tuesday, July 12<sup>th</sup> - 18-22 PM – registration for all days at Event Center

Wednesday, July 13<sup>th</sup> - **Sprint Distance** event

Thursday, July 14<sup>th</sup> - **Middle Distance** event

### Sprint distance, July 13<sup>th</sup> – Bucharest

13.07.2011 – Bucharest, Tineretului Park

Parking – Sala Polivalenta

<b>Map:</b>	Parcul Tineretului
<b>Scale/Contour interval:</b>	1:5000/2 m
<b>Survey, Ocad Draw:</b>	Ion Gheuca, Gabriel Maioreescu
<b>Course planner:</b>	Gabriel Maioreescu
<b>IOF controller:</b>	Niculina Maioreescu



### Terrain:

Park area, with mixed vegetation, some small hights, some tricky alleys.

Runnability and visibility is excellent in most part of the competitions area.

**Important:** Spike shoes is not recommended!



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First start: 10:00 AM  
 Finish closing time: 12:00 PM  
 Prize giving ceremony: 12:30 PM

## Course data:

Class	Length (km)	Climb (m)	Controls	Class	Length (km)	Climb (m)	Controls
Open	1,7		10				
M12	1,8		10	W12	1,7		10
M14	1,8		10	W14	1,7		10
M16	2,55		14	W16	2,3		11
M18	2,55		14	W18	2,3		11
M20	2,95		15	W20	2,55		14
M21E	2,95		15	W21E	2,55		14
M35	2,55		14	W35	2,3		11
M40	2,55		14	W40	2,3		11
M45	2,3		11	W45	2,2		12
M50	2,3		11	W50	2,2		12
M55	2,3		11	W55	2,1		10
M60	2,2		12	W60	2,1		10
M65	1,7		10	W65	2,1		10
M70	1,7		10	W70	1,6		9
M75	1,6		9	W75	1,6		9
M80	1,6		9				

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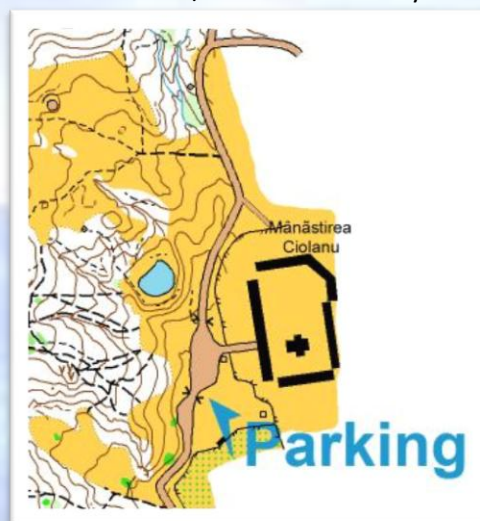




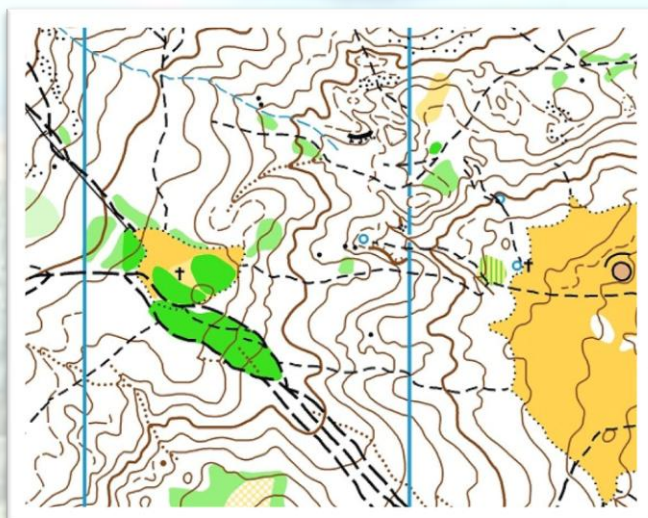
## Middle distance – July 14<sup>th</sup> - Buzau

14.07.2011 – Buzau, Poiana Pinului

**Parking:** Cars and buses can be parked in front of Ciolanu Monastery.



<b>Map:</b>	Poiana Pinului
<b>Scale/Contour interval:</b>	1:10000/5 m
<b>Survey, Ocad Draw:</b>	Ion Gheuca, Gabriel Maiorescu
<b>Course planner:</b>	Gabriel Maiorescu
<b>IOF controller:</b>	Niculina Maiorescu



**Terrain:**  
Deciduous forest, hilly, rich in contour details.  
The runnability and visibility is generally good.



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**First start: 10:00 AM**

**Important:** There are 2 starts! This classes (M12, M14, M75, M80, W12, w14, W70, W75 and OPEN) will follow red marks, and other classes will follow orange marks.

Parking (Ciolanu Monastery) – Finish: 2,3 km on the S-E direction following the cars road

Parking (Ciolanu Monastery) – Start 1: 350m – red marks

Parking (Ciolanu Monastery) – Start 2: 600m – orange marks

Or

Finish – Start 1: 1,85 km (climb – 175 m) – red marks

Finish – Start 2: 2,55 km (climb – 175 m) – orange marks

**Course data:**

Class	Length (km)	Climb (m)	Controls	Class	Length (km)	Climb (m)	Controls
Open	2	30	8				
M12	2	30	8	W12	2	30	8
M14	2,3	55	11	W14	2,1	50	10
M16	3,8	120	11	W16	3,4	115	10
M18	4,2	140	12	W18	3,8	120	11
M20	5	220	16	W20	4,2	140	12
M21E	5	220	16	W21E	4,2	140	12
M35	4,2	140	12	W35	3,8	120	11
M40	4,2	140	12	W40	3,8	120	11
M45	3,8	120	11	W45	3,4	115	10
M50	3,8	120	11	W50	3,4	115	10
M55	3,4	115	10	W55	3,3	115	9
M60	3,3	115	9	W60	2,5	50	8
M65	3	80	12	W65	2,1	50	10
M70	2,5	50	8	W70	1,7	30	7
M75	2,1	50	10	W75	1,7	30	7
M80	1,7	50	7				



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### Results and Prizes

The two days of Mentor Silva Cup are separate competitions. For each race, the first three runners in each class will be awarded with prizes and diplomas.

### Punching system

For the competitions the electronical time-taking-system SPORTident will be used. SI-card are available for rental: 1 Euro/ day. Please note that if the rented SI-card is lost, a fee of 30 Euro has to be charged.



**Important!** All runners participate on their own responsibility!

### Attractions:

Mentor Silva Cup takes place during the 2 days in 2 difrent country zone. First day, in Bucharest you easily can explore Romanian life and culture (and cuisine) during the event. Mentor Silva Cup can be combined with an extended holiday in Romania. From the event center it takes only two hours to visit Prahova Valley.



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Second day, the competition will be near Buzau, almost 100 km from Bucharest. The spectacular landscape given by the Muddy Volcanoes, the Eagles Lake Siriu and Living Fire natural phenomenon add charm to the wonderful run in the forest.



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